

Cleaning the Homes of Older Adults
ROLE PLAY 1

Two Volunteers: Mary and Mrs. Right

Mary, a direct care worker from the Home Care Agency has been assigned to clean the home of Mrs. Right. She has just arrived at the home.

Mary: Hi, Mrs. Right, I'm Mary from the Home Care Agency. I'm here to clean the house for you.

Mrs. Right: Hi, Mary, I'm so tired. I didn't get much sleep last night.

Mary: Well, I only have two hours and a lot of work to do. You want me to do the regular stuff?

Mrs. Right: Well, I guess so. My last prescription cost me over \$100.00 and it didn't even help. I don't feel very good.

Mary: Do you have a vacuum? Does it work very well? My back really hurts so I have to be careful.

Mrs. Right: It's in the hall closet.

Mary goes into the hallway to get the vacuum cleaner. Mrs. Right follows her.

Mary: Where do I plug this in?

Mrs. Right: Aren't you supposed to clean the kitchen first?

Mary: It doesn't matter. I'll get this first.

Mary turns on the vacuum cleaner

Mrs. Right: I need my screen windows taken out and put away. Can you do that today?

Mary: Nope I don't do that stuff. Sorry.

Mrs. Right: But, who can help me? I can't do it myself.

Mary: Look, I only have 2 hours to clean this whole place. I have to get this done. Why don't you just go relax?

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- **What was going on during this role play?**
 - **Ask the role players: How did you feel?**
 - **What did Mrs. Right need?**